March is reading month! We would like to encourage all of our Inno families to see all the places reading can take you as you make time to read together as a family. Did you know that children who are read to have a greater capacity to process more of what they hear and at faster speeds?

Dr. John S. Hutton, Cincinnati Children's Hospital said, "There is a greater experience with language and imagination during story time and children will enjoy a cognitive advantage over peers who have not been read to." When watching a video, higher-order brain networks are not stimulated. The brain has to do a bit of work when it is read to: it makes the experience engaging and fun while reinforcing the brain connections that enable young children to process harder and more complex stories as they get older.

Reading aloud has a multitude of benefits including:

- Improving listening comprehension and vocabulary
- Providing fluency models
- Promoting conceptual understanding
- Lengthening attention spans
- Creating a positive attitude toward books and reading

Reading together as a family strengthens the emotional bonds between the adult reader and the child, providing those positive parent-child connections essential to a child's psychological health and academic growth

Here's how to get started: Start small and start where you are. First, put down all technology including silencing your phones. Pick up a book, magazine or cereal box and try reading out loud to someone you love. Try this for 10 minutes a day and build from there. Enjoy yourself! Try silly voices or comic accents or singing! If your child is already a reader, take turns. If you have a trip planned or even if your morning commute is the only time you have quiet time together, check out a recorded book to listen to. The benefits are the same either way!

Here is a short list of books to help you discover quality books to share together:
The Enchanted Hour by Meghan Cox Gurdon
The Read Aloud Handbook by Jim Trelease
Honey for a Child's Heart by Gladys Hunt
The Ramped Up Read Aloud by Maria Walther
Read All About It! By Jim Trelease

We can't wait to see the places reading will take us. Keep track of the number of pages you read together for the month of March. We will convert every page to a mile and see where those miles could take us!

Happy Reading!
Your Innocademy Staff

## Innocademy Read Around the World BINGO

Student Name: $\qquad$ Student Teacher: $\qquad$

| Read a book with non-human characters. $\qquad$ pages | Read to a relative on the phone. $\qquad$ pages | Read with a flashlight. $\qquad$ pages | Read for 40 minutes without stopping. $\qquad$ pages | Read a non-fiction book. $\qquad$ pages |
| :---: | :---: | :---: | :---: | :---: |
| Go outside and read. <br> pages | Read a book about outer space. $\qquad$ pages | Read a book that was written before you were born. $\qquad$ pages | Read a book with a one-word title. $\qquad$ pages | Read to a pet or stuffed animal. $\qquad$ pages |
| Read a funny book. $\qquad$ pages | Check out a book from the public library - read it! $\qquad$ pages | Free Space | Read a book recommended by a friend. $\qquad$ pages | Read a magazine article (or the whole magazine!) $\qquad$ pages |
| Read out loud to a parent while they prepare dinner. $\qquad$ pages | Read a fantasy book or fairy tale. $\qquad$ pages | Read a comic book or graphic novel. $\qquad$ pages | Make a fort and read in it. $\qquad$ pages | Read a biography. $\qquad$ pages |
| Read for 30 minutes without stopping. $\qquad$ pages | Read in your pajamas. $\qquad$ pages | Read a book that is part of a series. $\qquad$ pages | Read a poetry book. $\qquad$ pages | Read a book that takes place in a jungle, forest, or outdoors. $\qquad$ pages |

## *Ask an adult to take your picture as you complete these reading challenges! Send pictures to your teacher for an opportunity to appear on our School Facebook Page!*

Don't forget to record the number of pages you read for each activity. We will convert every page to a mile and see where those miles take us around the world!

Turn your BINGO Board with any completed Bingos into your teacher by Tuesday, March 26th for your chance to win a free book! Each BINGO on your board earns you one entry.

Total pages read this month: $\qquad$
Total number of BINGOs: $\qquad$

Parent Signature: $\qquad$

