

OCTOBER 2019

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employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

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Milk Only .50

Milk is included with lunch. **Chocolate Non-fat** or 1% White milk.

Dutch Waffle with Whipped Cream, Strawberry Cup,

TUESDAY

Potato Triangle, 2 Pork Sausage Links, Apple Juice

2 PRETZEL BAG

CHEF SALAD

MEDNESDAY

OCT

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Dorito Walking Beef, Taco, Cheese, Lettuce, Salsa, Black Beans and Corn, Fresh Red Grapes

2 TURKEY SUB BAG

3 CHEF SALAD



Pizza Hut Pizza }

THURSDAY

Pepperoni/Cheese, Salad Bar, Fresh Fruit. Fruit Slushie

Pizza Hut Pizza

Pepperoni/Cheese,

Salad Bar,

Fresh Fruit.

Fruit Slushie

2 CHEF SALAD

2 CHEF SALAD

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Macaroni and Cheese, 4 Beef Dippers, Snap Peas and Carrots, Hummus,

2 COCOA PUFFS BAG

Fresh Strawberries

SCHOOL

HOLIDAY

SCHOOL

HOLIDAY

Hamburger,

Cheese, Lettuce

Crinkle Fries, Fruit

Choice, Mini Ice Cream

Sandwich

3 CHEF SALAD

2 Turkey Sub Bag Turkey & Cheese Sub, Juice, Apple Slices, Mini Rice

THURSDAY

2 Chef Salad Egg, Ham, Turkey, Tomato, Cheese,

FRIDAY

Cocoa Puffs **Cereal Bag** Cocoa Puffs, Seeds, Carrots,

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3 CHOICE 3

Chef Salad Croutons,

2 Strawberry Yogurt Parfait Parfait, Mini Bagel, Carrots, Ranch, Granola

TUESDAY

Warm Pretzel & Cheese Pretzel, Cheese sauce, Fresh Broccoli, Apple Slices, **Danimals Yogurt**

Krispie treat

Croutons, Garbanzo beans, Roll, Fruit Cup

Strawberry Banana Yogurt, Sunflower Pineapple

Egg, Ham, Turkey, Tomato, Cheese, Garbanzo beans, Roll, Fruit Cup

SALAD BAR

with all

meal options Romaine Mixed

Greens, Cherry

Tomatoes, Broccoli,

Cauliflower, Carrots,

Edamame Beans,

Spinach, Corn. Other choices may include Cucumbers, Peppers, Snap Peas, Served with croutons, Cheese and Ranch, Italian & French Dressings.

SEPT Tvson Mini Mega Chicken Poppers, Steamed Broccoli Michigan Apple, Mini Chocolate

Chip Muffin 2 YOGURT PARFAIT 3 CHEF SALAD

OCT

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Eggo Confetti Pancakes, Tyson Chicken Tenders, Cheese Omelet, Whipped Potatoes, Gravy, Green Beans, Ranch, Apple Slices /

2 YOGURT PARFAIT 3 CHEF SALAD

SCHOOL

HOLIDAY

Hot Dog on Bun,

Fun Size Popcorn,

Baked Beans, Strawberry

Cup, Mini Vanilla

Ice Cream Cup

2 YOGURT PARFAIT

3 CHEF SALAD

Tator Tots. Fruit Choice

SCHOOL

HOLIDAY

Pillsbury Mini

Cinnamon French Toast,

Sausage Links, Potato

Circles, Fruit Choice

2 PRETZEL BAG

3 CHEF SALAD

2 PRETZEL BAG 3 CHEF SALAD



Soft Large Pretzel Cheese Cup. Cukes and Celery, Hummus, Fruit Choice

2 TURKEY SUB BAG

3 CHEF SALAD 001

SCHOOL

HOLIDAY

Rotini Beef Pasta,

Garlic Bread,

Steamed Broccoli,

Fruit Choice

2 TURKEY SUB BAG

3 CHEF SALAD



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Pizza Hut Pizza 14 Pepperoni/Cheese, Salad Bar. Fresh Fruit, Fruit Slushie

2 CHEF SALAD

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Pizza Hut Pizza Pepperoni/Cheese, Salad Bar, Fresh Fruit, Fruit Slushie



3 CHEF SALAD



Tyson Breaded "Dilly" 18 Chicken Nuggets, Waffle Fries, Hawaiian Roll, Fruit Choice

2 YOGURT PARFAIT CHEF SALAD

Dutch Waffle, Whipped Cream,

3 CHEF SALAD

OCT 29 Strawberry cup, Potato Triangle, 2 Pork sausages, Apple Juice

2 PRETZEL BAG



Pork Rib-Q with Biscuit Cowboy Beans, Trail Mix--Dried Apples and Granola, Fruit Choice

TURKEY SUB BAG 3 CHEF SALAD



2 CHEF SALAD



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